

# Student Classes

## Grades K–5

Students will participate in the following classes:

Art



Computers



Sports



Engineering



Students will rotate 3 classes each week.

Parents must be enrolled and attend classes while students participate in recreational activities.

The cost is \$4 per student (\$1 per week).

## Preschool (3-5 year olds)

**FREE** babysitting is provided for preschool students.

Parents must be enrolled and attend classes while babysitting is being provided for children. Children must be potty trained.

# Bus Schedule



**Free transportation is provided.**

The route will pick up and drop off at these stops:

5:50 pm	Piper Lane & Burning Bush
5:52 pm	Piper Shelters
5:57 pm	Apple & Blossom
6:01 pm	Old Willow Rd. & Old Willow Fall (entrance)
6:06 pm	Old Willow Rd. & Burning Bush
6:08 pm	Old Willow Rd. & Lake Run Condos (entrance)
6:15 pm	Inland Drive (Hunt Club entrance)

**Invite your friends and neighbors!**

Adult classes are **FREE** and open to all families in District 21. Classes begin promptly at 6:30 p.m. Recreational activities for students in grades K-5 cost \$4 per student. **FREE** babysitting is provided for preschool students.



For more information, please contact:

**Kara Beach**

**T: (847) 520-2728**

**kara.beach@ccsd21.org**



# Family Learning Classes 2019



**Parents:**

Participate in 2 classes while your children are learning and having fun!

**Wednesdays**  
**October 16, 23 & 30**  
**November 6**  
**6:30 – 8:30 p.m.**

**Location:**

**Walt Whitman School**  
**133 S. Wille Avenue**  
**Wheeling, IL 60090**



Preparing all students for success

# Classes for Adults

**Adults will be assigned 2 classes. Please select your 3 preferred classes.**

## **Beginning Spanish**

This class is designed for those who speak little or no Spanish. Participants will learn practical words and phrases for everyday life.

## **Art**

Need a break from fast-paced living? Join us for some creative expression. Over the course of 4 weeks you will explore different art techniques. No art experience necessary, just bring an open mind and be willing to have fun!

## **Enhance your Computer Skills**

The lab will be open for participants who want increased use of social and digital media, email, spreadsheets, word processing, keyboarding etc.

Individualized instruction will be based on the needs of the participants. You will be working independently with assistance from our staff.

This is a great opportunity to receive help on areas of interest to you.

## **Healthy Cooking and Eating**

There is nothing like a new season of cooking. University of Illinois Extension Nutrition Education Program offers the My Plate For My Family nutrition workshop. Attend this fun and interactive class where you can learn how to prepare healthy recipes. Be more inspired to make family time fun!

## **Yoga**

Live & Breath... Do Yoga.

Enjoy the endless benefits of Yoga as Liz moves you through poses proven to reduce blood pressure, build core strength, and improve spinal health, immune and lymphatic systems, breathing, and overall wellness. The focus is on you and your flexibility, strength, relaxation, concentration, and body awareness. This class is open to everyone, whether you are new to or experienced in Yoga. Dress in comfortable clothes. Participants are encouraged to bring a mat.

## **Zumba**

This class is designed for those who want a fitness program that combines Latin and International music to make exercise fun!

**Please fill out all information on the side panel and return to your child's school with payment.  
(\$4 per student in grades K-5, preschool students are free)**

RETURN THIS FORM to your child's school with payment to register for the Family Learning Classes at Whitman.

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone #: \_\_\_\_\_

E-mail: \_\_\_\_\_

School: \_\_\_\_\_

### ***Adult #1***

Name: \_\_\_\_\_

**Choose 3 classes:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### ***Adult #2***

Name: \_\_\_\_\_

**Choose 3 classes:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### ***Child #1***

\$4 Payment Included

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

### ***Child #2***

\$4 Payment Included

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

### ***Child #3***

\$4 Payment Included

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Number of Children Ages 3-5 (PK) \_\_\_\_\_ (Free)

Number of People Needing Bus \_\_\_\_\_ (Free)

Please view the back of this brochure for a list of bus stops.

Secretaries: Please send to Leticia Del Real at Administration Building.