# Student Classes Grades K-5

Students will participate in the following classes:

Art

Computers

**Sports** 

Engineering

Drama Workshop

(grades 2-5)

Students will rotate 3 classes each week. (Classes based on student surveys.)

Parents must be enrolled and attend classes while students participate in recreational activities.

The cost is \$4 per student (\$1 per week).

# Preschool

**FREE** babysitting is provided for preschool students.

Parents must be enrolled and attend classes while babysitting is being provided for children.

# Bus Schedule



## Free transportation is provided.

The route will pick up and drop off at these stops:

5:50 pm Piper Lane & Burning Bush

5:52 pm Piper Shelters 5:57 pm Apple & Blossom

6:01 pm Old Willow Rd. & Old Willow Fall (entrance)

6:06 pm Old Willow Rd. & Burning Bush

6:08 pm Old Willow Rd. & Lake Run Condos (entrance)

6:15 pm Inland Drive (Hunt Club entrance)

## Invite your friends and neighbors!

Adult classes are FREE and open to all families in District 21. Classes begin promptly at 6:30 p.m. Recreational activities for students in grades K-5 cost \$4 per student. FREE babysitting is provided for preschool students.





For more information, please contact: Gregg Crocker at (847) 431-9007



# Family Learning Classes 2017



## Parents:

Participate in 2 classes while your children are learning and having fun!

September 27,

October 4, 11, 18

Wednesday

6:30 - 8:30 p.m.

## Location:

Walt Whitman School 133 S. Wille Avenue Wheeling, IL 60090

Preparing all students for success

# Classes for Adults

(Choose 2 classes)

## Beginning Spanish

This class is designed for those who speak little or no Spanish. Participants will learn practical words and phrases for everyday life.

#### <u>Art</u>

Need a break from fast-paced living? Join us for some creative expression. Over the course of 4 weeks you will explore different art techniques and work with a variety of materials. You will have the opportunity to explore 2D and 3D art. No art experience necessary, just bring an open mind and be willing to have fun!

## **Enhance your Computer Skills**

The lab will be open for participants who want increased use of social and digital media, email, spreadsheets, word processing, keyboarding etc.

Individualized instruction will be based on the needs of the participants. You will be working independently with assistance from our staff.

This is a great opportunity to receive help on areas of interest to you.

## **Healthy Cooking and Eating**

Learn to prepare healthy family meals. In each session, participants will get a "hands on" experience in food preparation. You will prepare recipes such as: Hardy Beef Vegetable Soup, Pocket Burger, Texas Hash and Crispy Cheese Chicken Sticks. Become inspired to make mealtime fun! (Taught by staff from the University of Illinois Extension Program.)

### <u>Yoga</u>

Live & Breath... Do Yoga. Enjoy the endless benefits of Yoga as Liz moves you through poses proven to reduce blood pressure, build core strength, and improve spinal health, immune and lymphatic systems, breathing, and overall wellness. The focus is on you and your flexibility, strength, relaxation, concentration, and body awareness. This class is open to everyone, whether you are new to or experienced in Yoga. Dress in comfortable clothes. Participants are encouraged to bring a mat

#### <u>Zumba</u>

This class is designed for those who want a fitness program that combines Latin and International music to make exercise fun.

Please fill out all information on the side panel and return to your child's school with payment.

(\$4 per student in grades K-5, preschool students are free)

Address:	
Phone #:	
E-mail:	
Adult #1	
Name:	0 1
· · · · · ·	<b>2 classes</b> : ☐ Healthy Cooking & Eatin ☐ Yoga ☐ Zumba
<b>Adult #2</b> Name:	
Choose	<b>2</b> classes:
<ul><li>□ Beginning Spanish</li><li>□ Art</li><li>□ Computer Skills</li></ul>	<ul> <li>☐ Healthy Cooking &amp; Eatin</li> <li>☐ Yoga</li> <li>☐ Zumba</li> </ul>
Student #1	
	Grade:
School:	🗆 \$4 Payment Include
Student #2	
Name:	Grade:
School:	🗆 \$4 Payment Include
Student #3 Name:	Grade:
	□ \$4 Payment Include
Number of Preschool	Children (Free)
	eding Bus (Free)

Secretaries: Please send to Leticia Del Real at Administration Building.